Toward the Olympic and Paralympic Games
Tokyo 2020
2020 and beyond
The Cabinet Secretariat

2020: Our Legacy for Future Generations
In the summer of 2020, the eyes of the world will concentrate on Japan.

For the success of the Games. And to create a legacy for future generations.

With one year to go, Japan is coming together to fulfill our plans.

Towards 2020 and beyond.
Ensuring “security and safety” and supporting the enthusiasm and passion generated by the Games

Security measures are being implemented to ensure the secure and smooth preparation and management of the Tokyo 2020 Games so that athletes, spectators and everybody can enjoy the Games.

Ensuring security for the Games

Collaborating with the Organizing Committee and critical service providers to:
- Ensure the safety and security of the venues, athletes, and spectators, etc.
- Ensure the continuity of critical services such as electricity, railways, and telecommunications

Counter-terrorism measures

- Enhancing measures to prevent terrorists or arms from entering Japan
- Strengthening the collection and analysis of security-related intelligence
- Promoting counter-terrorism measures based on partnerships between the government and the private sectors
- Strengthening international cooperation for counter-terrorism

Cybersecurity measures

- Establishing and operating the Cyber Security Incident Response Coordination Center
- Encouraging critical service providers to conduct cybersecurity risk assessments and pursue counter-measures to tackle the various risks identified by the risk assessments

Disaster prevention and mitigation measures

- Steadily promoting national resilience to large-scale natural disasters, etc.
- Promoting evacuation guidance measures for athletes and officials participating in the Games, spectators, and foreign visitors, etc.
“Transportation” that seamlessly coexists with economic activity and citizens’ everyday lives

The government aims to minimize the impact on economic activity and citizens’ everyday lives through the smooth transportation of athletes and spectators, etc., during the Games.

Ensuring smooth transportation

- Working with enterprises to pursue measures to control travel demand during the Games
- Building major roads: Metropolitan Expressway, Harumi Line, Tokyo Port Tunnel on National Route 357, and Port Road Namboku Line

Strengthening the immigration control system

- Increasing the number of CIQ (Customs, Immigration and Quarantine) officials
- Ensuring stricter, faster, and smoother immigration checks by using biometric carts* and face recognition technology, etc.

Enhancing the functions of Tokyo Metropolitan Area airports (Haneda and Narita)

- Expanding the arrival and departure capacity of airports in the Tokyo Metropolitan Area by around 80,000 slots a year by revising flight paths over Haneda Airport, etc.

Others

- Realizing a society oriented towards renewable energies like hydrogen and promoting the practical use of automated driving

As Tokyo is the logistics hub for the whole nation, traffic congestion in the capital could impact economic activity and daily life across the entire country. The government plans to reduce congestion by rescheduling three national holidays that will fall on days expected to be particularly congested (the day of the opening ceremony, etc.)

<table>
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<th>Calendar during the Tokyo 2020 Games</th>
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<td>July</td>
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<td>19 Sun 20 Mon 21 Tue 22 Wed 23 Thu 24 Fri 25 Sat 26 Sun 27 Mon 28 Tue 29 Wed 30 Thu 31 Fri</td>
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<td>August</td>
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<td>October 12 Olympic Opening Ceremony</td>
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<td>September</td>
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<td>14 Fri 15 Sat 16 Sun 17 Mon 18 Tue 19 Wed 20 Thu 21 Fri 22 Sat 23 Sun 24 Mon 25 Tue 26 Wed 27 Thu 28 Fri 29 Sat 30 Sun</td>
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<td>31 Mon 1 Tue 2 Wed 3 Thu 4 Fri 5 Sat 6 Sun 7 Mon 8 Tue 9 Wed 10 Thu 11 Fri</td>
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<td>November</td>
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<td>12 Sun 13 Mon 14 Tue 15 Wed 16 Thu 17 Fri 18 Sat 19 Sun 20 Mon 21 Tue 22 Wed</td>
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<td>Mountain Day</td>
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<td>23 Fri 24 Sat 25 Sun 26 Mon 27 Tue 28 Wed 29 Thu 30 Fri 31 Sat</td>
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In 2020 only, Marine Day will fall on July 23, Health and Sports Day* on July 24, and Mountain Day on August 10.

* Health and Sports Day will be renamed “Sports Day” from 2020 onwards
Pursuing “countermeasures against Japan’s intense summer heat” as part of building towns

The Games will be held during Japan’s intensely hot summer. The government pursues countermeasures to ensure that athletes can perform at their best levels and spectators can enjoy the Games in a comfortable condition. The government also makes Japan a safe place for foreign visitors and persons with disabilities to stay in summer.

Countermeasures against intense heat at competition venues, etc.
- Mitigating the intense heat by providing tree shade at venues or along the marathon route, etc., or by setting up sunshade tents and formulating guidelines for preventing heat illness during summer events

Providing information in various ways
- Providing information so that foreign visitors and persons with disabilities can easily understand how to prevent and deal with heat illness

Developing emergency medical care systems
- Developing non-audio methods of reporting emergency information; developing systems within hospitals for accepting foreign visitors; developing emergency structures to facilitate the management of the Games

Technological developments to counter intense heat
- Developing technologies to improve the accuracy of weather forecasts; introducing technologies and utilizing data for countermeasures against intense heat

Photo: Ministry of the Environment
Inspiring, encouraging, and revitalizing Japan through the power of “sports”

The government seeks to train athletes who will embody dreams and hopes and imbue society with the courage and vitality to overcome challenges. Using the opportunity of the Games, the government creates an environment where everyone can enjoy the value of “joining,” “watching,” and “supporting” sports.

Enhancing high performance toward winning medals
- Support Japanese athletes’ effort to win medals by supporting athlete enhancement activities and developing promising athletes
- Expanding the National Training Center as the integrated hub for Olympic and Paralympic sports

Construction of the New National Stadium
- A stadium that will make a great impression on people around the world and help athletes to perform at their best levels
- A stadium with the world’s most advanced universal design facilities that can be enjoyed by everyone, including persons with disabilities, the elderly, families and foreign visitors
- A stadium in harmony with the surrounding environment and scenery
- A stadium imbued with a “Japanese atmosphere”
- A stadium that can be converted into a ball game stadium after the Games and utilized as a hub for sports promotion; a stadium that will be cherished for a long time to come

Realizing a sports-oriented nation
- Increasing the number of people who enjoy sports
- Revitalizing local economies through sports
- Promoting sports for persons with disabilities
- Promoting anti-doping measures
- Promoting the “Sport for Tomorrow” program
Invigorating Japan by utilizing everyone’s diverse abilities and realizing a “harmonious and inclusive society”

The word “Paralympics” was used for the first time in the Tokyo 1964 Games. It encouraged persons with disabilities to be more active in society. The Tokyo 2020 Games is an opportunity to remove social barriers to realise a harmonious and inclusive society where everyone can enjoy active lives regardless of the presence or absence of disabilities.

Tokyo: The first city to host a Summer Paralympics for a second time

The Paralympic Games

- The success of the Paralympics is vital for the overall success of the Tokyo 2020 Games
- The aim is for the largest-ever number of countries and regions to participate in the Paralympic Games, thus offering a “dream” to people all around the world
- The government develops a better environment than ever for the Paralympics by raising awareness and preparing competition venues under universal design concepts

Removing Barriers in People’s Minds

The mental barrier-free concept

- Teaching methods and textbooks will be revamped to engender a deeper understanding of being “mental barrier-free,” a concept contained in the revised Curriculum Guidelines, which will be phased in from 2020 onward
- Advancing initiatives to deepen society’s recognition of disabilities and to facilitate people to see and communicate with persons with disabilities by learning about their daily challenges
- Preparing and promulgating national hospitality manuals for use in relevant sectors (transportation, tourism, distribution, dining out, etc.)

Removing physical and information barriers

Building towns based on the concept of universal design

- Revising the Barrier Free Law (local governments will prepare barrier-free promotion measures and businesses will prepare plans to deal with tangible and intangible matters, etc.)
- Revising barrier-free standards and guidelines for transportation (making stations barrier-free, etc.)
- Making hotels barrier-free (revising room standards, etc.)
The “beyond2020” program

Raising people’s awareness of the Games and creating a legacy through culture

The Olympics and Paralympics is a cultural festival as well as a sporting event. Cultural programs involving the Japan Exposition, etc. will be rolled out across Japan and the wider world. The government shows Japan and the world how attractive and regionally diverse Japanese culture is and it will raise awareness of the Games through culture. This will produce a legacy of a harmonious and inclusive society and an internationalization that future generations will be proud of.

The “beyond2020” program

- The program certifies cultural activities and projects, in consideration of diversity and internationality, to demonstrate the attraction of Japanese culture to Japan and the world
- The program targets a wide range of projects and activities by for-profit and non-profit bodies
- The program promotes the effective use of cultural assets in Japan

Overview of projects and activities subject to certification

Traditional culture
  - Art
  - Music
  - Pop culture
  - Food culture
  - Festivals
  - Firework events

Barrier-free initiative
Multi-language services

Number of the certified projects: 9,251

(As of January 2019)
A nationwide effort to demonstrate the appeal of Japanese “food” to the world

Many foreign visitors will visit Japan during the Tokyo 2020 Games. This is a great opportunity to promote the attraction of Japanese food to the world.

Transmitting and preserving Japanese food culture

- Demonstrating the appeal of Japanese food (including washoku, a UNESCO Intangible Cultural Heritage) to foreign visitors
- Encouraging Japanese people to re-recognise and preserve Japanese food culture through omotenashi activities like providing foreign visitors with regional Japanese cuisines

Using sustainable Japanese ingredients in the Games

- Demonstrating the appeal of Japanese food by using as many Japanese ingredients as possible and by introducing place-of-origin labelling for the first time at places such as the Olympic and Paralympic Village
- Supporting the usage of sustainable (safe, environmentally friendly and worker-friendly, etc.) ingredients, organic ingredients, or ingredients produced mainly by persons with disabilities when providing meals at the Olympic Village, etc.
- Demonstrating the appeal of ingredients from disaster-stricken areas and resolving reputational damage by promoting the usage of these ingredients and the transmission of appropriate information
- Increasing the number of producers with international certifications like "GAP*" through the aforementioned activities; and promoting exports of Japanese food by boosting its international reputation

* GAP: Good Agricultural Practice
An initiative to manage agricultural production processes in order to ensure sustainability (food safety, environmental conservation, and worker safety, etc.) in farming
Certifying cities and towns in Japan as “Host Towns” to promote internationalization and revitalization

Local cities and towns are certified as “Host Towns” when they have international exchanges with foreign athletes joining the Games. The aims of this initiative are sports promotion, the promotion of internationalization, the revitalization of local areas, and the realization of a harmonious and inclusive society. These Host Towns promote exchanges with athletes, both before and after the Games, while creating a positive legacy in each region.

Host Town registration

- Number of certifications: 288
- Participating local governments: 358*
- Partner countries and regions: 111

* Several local governments can submit applications jointly. (As of January 2019)

Diverse Host Towns: Making the most of each region’s characteristics

“Arigato” Host Town for supporting reconstruction
- Local governments in areas devastated by the Great East Japan Earthquake promote to exchange with and to express their gratitude to people from countries and regions that gave support after the disaster

“Host Town of a harmonious and inclusive society”
- This initiative aims to realize a harmonious and inclusive society by promoting the mental barrier-free concept and region-led town-building based on universal design
- The initiative builds momentum for the Paralympics in regions across Japan by promoting wide-ranging exchanges with Paralympians around the time of the Games
Promoting "Protection from exposure to tobacco smoke" to ensure a Tobacco Free Olympics and Paralympics

In July 2010, the International Olympic Committee (IOC) and the World Health Organization (WHO) agreed to pursue a joint "Tobacco Free Olympics" initiative. The government will work to ensure a Tobacco Free Olympics and Paralympics in 2020 while promoting measures to eliminate "unwanted exposure to tobacco smoke."

Moves to protect people from exposure to tobacco smoke were strengthened when Japan's Health Promotion Law was revised in July 2018, with voluntary initiatives replaced with penalty-backed obligations for target facilities. (Rolled out nationwide from April 2020)

**Protection from exposure to tobacco smoke in public places**

- As a general rule, smoking will be legally prohibited in indoor facilities used by many people

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<tr>
<th>&lt;Main facilities targeted by the complete ban on indoor smoking&gt;</th>
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<td>Schools</td>
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<th>&lt;Main facilities targeted by the general ban on indoor smoking&gt;</th>
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<tr>
<td>Old people’s homes</td>
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* Interim measures will be introduced for some restaurants
The government works closely with the Organizing Committee, Tokyo Metropolitan Government, local governments in areas where venues are located, the Japanese Olympic Committee (JOC), the Japanese Paralympic Committee (JPC), and other related parties on nationwide initiatives, to ensure the success of the Games and to create a positive legacy.

Inquiries

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The Cabinet Secretariat

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