When people live long – they work long

Action 1: Assessing work for resilience

<table>
<thead>
<tr>
<th>Work that helps you learn</th>
<th>Work that keeps you healthy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upskilling – on the job</td>
<td>Flexibility of time and place</td>
</tr>
<tr>
<td>Reskilling – to new jobs (time)</td>
<td>Time off</td>
</tr>
<tr>
<td>Job Design – mentors, autonomy</td>
<td>Stress avoidance</td>
</tr>
</tbody>
</table>
When technology changes – people need a story

**Action 2: Create a future narrative**

**Corporate Leaders**
- Create a narrative about the future of jobs
- Develop a perspective on learning
- Role model flexibility

**Education Institutions**
- Experiment with online learning
- Attract the over 25’s

**Governments**
- Anticipate labour trends
- Be aware of stereotyping
Longevity + Technology – more options

Action 3: Broaden the working opportunities

MBA 2018 assignment – Hiroki & Madoka

- Citizens are living long and healthy lives
- Robotics and AI development

BUT

- Opportunities limited by lack of entrepreneurial spirit
- Inflexible working practices